

NEW

Supporting Students and Staff After COVID-19



Schedule this seminar for your group to improve educator wellbeing and help everyone in your school community begin to heal from the effects of the pandemic.

- Recognize how current stressors have impacted staff, students, and families (part of a 3-hour seminar)
- Explore how to improve a rhythm of taking good care of self and others (part of a 3-hour seminar)
- Learn how to promote healing in your classroom or school community (part of a 6-hour seminar)



Jen Alexander (M.A., NCC, SB-RPT) is an experienced school counselor, play therapist, trauma expert, author, and presenter.

Online or F2F

Sheduling for back-to-school and fall of the 2021/2022 year+

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